

PSHE Curriculum including RSE  
Silver Thread... 'Prioritising Wellbeing'

<b>Squirrels and Foxes Y1, 2 and 3</b>		
<b>Year A</b>	<b>YEAR B</b>	<b>YEAR C</b>
<p><b>A1 – Me and my relationships</b> ALL (Squirrels and Foxes) Year 1 Why we have classroom rules (extend rules to other paces <i>see</i> Y3) Year 1 Thinking about feelings (include bullying <i>see</i> Y2 and special people <i>see</i> Y3) Year 1 Good friends (consider loneliness <i>see</i> Y3)</p> <p><b>A2 – Valuing difference</b> Squirrels – Y1 lesson 1 (same or different?) and 2 (unkind, tease or bully) ALL - Y2 lesson 1 (what makes us who we are) and 2 (how do we make others feel) Foxes – Year 3 lesson 1 (family and friends) and 2 (my community)</p> <p><b>Sp1 – Keeping myself safe</b> Squirrels – Y1 lesson 1 (super sleep) and 2 (who can help) ALL – Y2 lesson 3 (What should Harold say) and 4 (I don't like that) Foxes – Y3 lesson 1 (safe or unsafe) and 2 (danger or risk)</p>	<p><b>A1 – Me and my relationships</b> ALL (Squirrels and Foxes) Year 1 Why we have classroom rules (extend rules to other paces <i>see</i> Y3) Year 1 Thinking about feelings (include bullying <i>see</i> Y2 and special people <i>see</i> Y3) Year 1 Good friends (consider loneliness <i>see</i> Y3)</p> <p><b>A2 – Valuing difference</b> Squirrels – Y1 lesson 3 (school rules) and 4 (special people) ALL - Y2 lesson 3 (my special people) and 4 (when someone is feeling left out) Foxes - Year 3 lesson 3 (respect and challenge) and 4 (friends and neighbours)</p> <p><b>Sp1 – Keeping myself safe</b> Squirrels – Y1 lesson 4 (sharing pictures) and 5 (Harold loses Geoffrey) ALL – Y2 lesson 1 (Harold's picnic) and 2 (How safe would you feel) Foxes – Y3 lesson 3 (risk robot) and 5 (super searcher)</p>	<p><b>A1 – Me and my relationships</b> ALL (Squirrels and Foxes) Year 1 Why we have classroom rules (extend rules to other paces <i>see</i> Y3) Year 1 Thinking about feelings (include bullying <i>see</i> Y2 and special people <i>see</i> Y3) Year 1 Good friends (consider loneliness <i>see</i> Y3)</p> <p><b>A2 – Valuing difference</b> Squirrels – Y1 lesson 5 (it's not fair) ALL - Y2 lesson 5 (an act of kindness) and 6 (solve the problem) Foxes – Year 3 lesson 5 (celebrate our differences) and 6 (zeb)</p> <p><b>Sp1 – Keeping myself safe</b> Squirrels – Y1 lesson 3 (good or bad touches) and 5 (What could Harold do) ALL – Y2 lesson 5 (fun or not) and 6 (should I tell and secrets) Foxes – Y3 lesson 6 (none of your business) and 8 (help or harm)</p>

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<p><b>Sp2 – Rights and responsibilities</b> Squirrels – Y1 lesson 1 (Harold’s wash up and brush up) and 2 (Around the school) ALL – Y2 lesson 5 (Harold saves for something special) and 6 (Harold goes camping) Foxes –Y3 lesson 1 (Helpful volunteers) and 2 (Helping each other to stay safe)</p> <p><b>Su1 – Being my best</b> Squirrels – Y1 lesson 1 (I can eat a rainbow) and 2 (Eat well) ALL – Y2 lesson 1 (You can do it) and 2 (My day) Foxes - Y3 lesson 1 (Derek cooks dinner) and 2 (Poorly Harold)</p> <p><b>Su2 – Growing and changing (RSE)</b> Squirrels – Y1 lesson 1 (Inside my wonderful body) and 2 (Taking care of a baby) ALL – Y2 lesson 3 (Haven’t you grown) and 4 (My body your body) Foxes – RECAP Y2 and Y3 lesson 1 (Relationship tree) 2 (Body space) and 3 (Secret or surprise) Optional: Let’s have a tidy up project</p>	<p><b>Sp2 – Rights and responsibilities</b> Squirrels – Y1 lesson 3 (Take care of something) and 4 (Harold’s money) ALL – Y2 lesson 1 (Getting on with others) and 2 (When I feel like erupting) Foxes – Y3 lesson 3 (Recount task) and 4 (Harold’s environment project)</p> <p><b>Su1 – Being my best</b> Squirrels – Y1 lesson 3 (Catch it, bin it, kill it!) and 4 (Harold learns to ride his bike) ALL – Y2 lesson 3 (Harold’s postcard) and 4 (Harold’s bathroom) Foxes – Y3 lesson 3 (For or against?) and 4 (I am fantastic)</p> <p><b>Su2 – Growing and changing (RSE)</b> Squirrels – Y1 lesson 3 (Then and now) and 4 (Who can help?) ALL – Y2 lesson 5 (Respecting privacy) Foxes – RECAP Y2 and Y3 lesson 1 (Relationship tree) 2 (Body space) and 3 (Secret or surprise) Optional: Let’s have a tidy up project</p>	<p><b>Sp2 – Rights and responsibilities</b> Squirrels – Y1 lesson 5 (How should we look after our money?) ALL – Y2 lesson 3 (Feeling safe) and 4 (How can we look after our environment) Foxes – Y3 lesson 5 (Can Harold afford it?) and 6 (Earning money)</p> <p><b>Su1 – Being my best</b> Squirrels – Y1 lesson 5 (Pass on the praise!) and 6 (Harold has bad day) ALL – Y2 lesson 5 (My body needs) and 6 (What does my body do?) Foxes – Y2 lesson 5 (Getting on with your nerves) and 7 (Top talents)</p> <p><b>Su2 – Growing and changing (RSE)</b> Squirrels – Y1 lesson 4 (Surprises and secrets) and 5 (Keeping privates private) ALL – Y2 lesson 1 (A helping hand) and 2 (Sam moves house) Foxes – RECAP Y2 and Y3 lesson 1 (Relationship tree) 2 (Body space) and 3 (Secret or surprise) Optional: Let’s have a tidy up project</p>
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Y1 to participate in active, practical sessions where possible including circle time

Y2 and Y3 to also record using other formats e.g. worksheets

The first lesson of each unit should be spent introducing the theme and carrying out pre unit assessment. The lessons above will take place from then on. When these are completed (week before last week of term) the post unit assessment should then be carried out.

<b>Hedgehogs and Owls Y4, 5 and 6</b>		
<b>YEAR A</b>	<b>YEAR B</b>	<b>YEAR C</b>
<p><b>A1 – Me and my relationships</b> HH – Y4 lesson 1 (email from Harold), 2 and 3 (ok or not ok?) All - Y5 lesson 1 (collaboration) and 2 (give and take) Owls – Y6 lesson 1 (working together) 2 (let's negotiate)</p> <p><b>A2 – Valuing difference</b> HH – Y4 lesson 1 (can you sort it?) and 2 (islands) All – Y5 lesson 1 (qualities of friendship) and 2 (kind conversations) Owls – Y6 lesson 1 (ok to be different) and (we have more in common)</p> <p><b>Sp1 – Keeping myself safe</b> HH – Y4 lesson 1 (danger, risk or hazard) and 4 (medicines)</p>	<p><b>A1 – Me and my relationships</b> HH – Y4 lesson 4 (human machines) and 5 (different feelings) All - Y5 lesson 3 (good friend) and 4 (relationships) Owls – Y6 lesson 4 (assertiveness skills) 5 (behave yourself)</p> <p><b>A2 – Valuing difference</b> HH – Y4 lesson 3 (friend or acquaintance?) and 4 (what would I do?) All – Y5 lesson 3 (happy being me) and 4 (the land of red people) Owls – Y6 lesson 5 (friendships) and 6 (boys)</p> <p><b>Sp1 – Keeping myself safe</b> HH – Y4 lesson 2 (picture wise) and 5 (know the norms)</p>	<p><b>A1 – Me and my relationships</b> HH – Y4 lesson 6 (when feelings change) and 7 (under pressure) All -Y5 lesson 5 (assertive) 6 (emotional needs) and 7 (communication) Owls – Y6 lesson 7 (don't force me) 8 (acting appropriately)</p> <p><b>A2 – Valuing difference</b> HH – Y4 lesson 5 (people we shared our world with) and 6 (stereotype) All – Y5 lesson 5 (is it true?) and 6 (it could happen to anyone) Owls – Y6 lesson 3 (respecting differences) and 4 (tolerance and respect)</p> <p><b>Sp1 – Keeping myself safe</b></p>

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<p>All – Y5 lesson 1 (habits) and 3 (bullying) Owls – Y6 lesson 1 (think before you click and 5 (what sort of drug...))to include looking at alcohol</p> <p><b>Sp2 – Rights and responsibilities</b> HH –Y4 lesson 1 (Who helps us stay healthy and safe?) and 2 (It's your right) ALL – Y5 lesson 1 (What's the story?) and 2 (Fact or opinion?) Owls – Y6 lesson 1 (Two sides to every story) and 2 (Facebook friends)</p> <p><b>Su1 – Being my best</b> HH – Y4 lesson 1 (What makes me me) and 2 (Making choices) All – Y5 lesson 5 (Star qualities) and 6 (Basic first aid incl. sepsis awareness) Owls – Y6 lesson 1 (This will be your life) and 2 (Our recommendations)</p> <p><b>Su2 – Growing and changing</b> HH – Y4 lesson 1 (Moving house) All – Y5 lesson 1 (How are they feeling?) Owls – Y6 lesson 2 (Media manipulation)</p>	<p>All – Y5 lesson 4 (diary dilemma) and 6 (play, like, share) Owls – Y6 lesson 2 (traffic lights) and 6 (drugs it's the law)to include looking at alcohol</p> <p><b>Sp2 – Rights and responsibilities</b> HH – Y4 lesson 5 (safety in numbers) and 7 (Harold's expenses) ALL – Y5 lesson 3 (Rights and responsibilities) and 4 (Mo makes a difference) Owls – Y6 lesson 3 (what's it worth) and 4 (jobs and taxes)</p> <p><b>Su1 – Being my best</b> HH – Y4 lesson 3 (SCARF hotel) and 4 (Harold's seven R's) ALL – Y5 lesson 3 (my school community 2) and 4 (Independence and responsibility) Owls – Y6 lesson 5 (Basic first aid incl. sepsis awareness) and 6 (Wellbeing project)</p> <p><b>Su2 – Growing and changing</b> HH – Y4 lesson 2 (My feelings are all over the place) All – Y5 lesson 6 (Help I'm a teenager) Owls – Y6 lesson 4 (Helpful or unhelpful, managing change)</p>	<p>HH – Y4 lesson 3 (how dare you) and 6 (keeping ourselves safe) All – Y5 lesson 5 (decision dilemmas) and 7 (drugs) Owls – Y6 lesson 3 (to share or not to share) and 7 (alcohol what is normal)</p> <p><b>Sp2 – Rights and responsibilities</b> HH – Y4 lesson 3 (How do we make a difference?) and 4 (In the news) ALL – Y5 lesson 5 (Spending wisely) and 7 (Local councils) Owls – Y6 lesson 5 (action stations) and 6 (Happy shoppers)</p> <p><b>Su1 – Being my best</b> HH – Y4 lesson 5 (My school community) and 6 (Basic first aid) ALL – Y5 lesson 1 (it all adds up) and 2 (Different skills) Owls – Y6 lesson 3 (What's the risk 1) and 5 (What's the risk 2)</p> <p><b>Su2 – Growing and changing</b> HH – Y4 lesson 5 (Secret or surprise) All – Y5 lesson 5 (Changing bodies and feelings) Owls – Y6 lesson 3 (pressure online)</p>
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These lessons are to be taught in year groups every year by 3 teachers.

**Y4 lesson 3 (All change) and 4 (Preparing for changes at puberty)**

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**Y5 lesson 3 (Dear Ash) and 4 (Growing up and changing bodies)**

**Y6 lesson 5 (Is this normal) and 6 (Making babies)**

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